

Table 105-0023<sup>1,2,3,4,8,9</sup>

Feeling of mastery, by age group and sex, household population aged 12 and over, selected provinces, territories and health regions (January 2000 boundaries), every 2 years

Survey or program details:

Canadian Community Health Survey - [3226](#)

Geography<sup>4,8,9</sup>—Northwest Territories [61]

Age group	Sex	Feeling of mastery <sup>2,3,4</sup>	Characteristics <sup>5,6,7,17</sup>	2000/2001
Total, 12 years and over	Both sexes	Total, feeling of mastery	Number of persons	32,496
			Percent	100.0
		Low feeling of mastery	Number of persons	5,039
			Percent	15.5
		Moderate feeling of mastery	Number of persons	15,182
			Percent	46.7
		High feeling of mastery	Number of persons	6,985
			Percent	21.5
		Feeling of mastery, not stated	Number of persons	5,291
			Percent	16.3
	Males	Total, feeling of mastery	Number of persons	16,846
			Percent	100.0
		Low feeling of mastery	Number of persons	2,547
			Percent	15.1
		Moderate feeling of mastery	Number of persons	7,479
			Percent	44.4
		High feeling of mastery	Number of persons	3,544
			Percent	21.0
		Feeling of mastery, not stated	Number of persons	3,276
			Percent	19.4
	Females	Total, feeling of mastery	Number of persons	15,650
			Percent	100.0
		Low feeling of mastery	Number of persons	2,492
			Percent	15.9
		Moderate feeling of mastery	Number of persons	7,703
			Percent	49.2
		High feeling of mastery	Number of persons	3,440
			Percent	22.0
		Feeling of mastery, not stated	Number of persons	2,014
			Percent	12.9
	Both sexes	Total, feeling of mastery	Number of persons	5,337
			Percent	100.0
		Low feeling of mastery	Number of persons	953
			Percent	17.9
		Moderate feeling of mastery	Number of persons	2,342
			Percent	43.9

12 to 19 years		High feeling of mastery	Number of persons	425 <sup>E</sup>
			Percent	8.0 <sup>E</sup>
		Feeling of mastery, not stated	Number of persons	1,617
			Percent	30.3
	Males	Total, feeling of mastery	Number of persons	2,899
			Percent	100.0
		Low feeling of mastery	Number of persons	441 <sup>E</sup>
			Percent	15.2 <sup>E</sup>
		Moderate feeling of mastery	Number of persons	1,376
			Percent	47.5
		High feeling of mastery	Number of persons	F
			Percent	F
		Feeling of mastery, not stated	Number of persons	855
			Percent	29.5
	Females	Total, feeling of mastery	Number of persons	2,438
			Percent	100.0
		Low feeling of mastery	Number of persons	512
			Percent	21.0
		Moderate feeling of mastery	Number of persons	966
			Percent	39.6
		High feeling of mastery	Number of persons	F
			Percent	F
		Feeling of mastery, not stated	Number of persons	763
			Percent	31.3
20 to 34 years	Both sexes	Total, feeling of mastery	Number of persons	10,430
			Percent	100.0
		Low feeling of mastery	Number of persons	1,444
			Percent	13.8
		Moderate feeling of mastery	Number of persons	4,669
			Percent	44.8
		High feeling of mastery	Number of persons	2,795
			Percent	26.8
		Feeling of mastery, not stated	Number of persons	1,522
			Percent	14.6
	Males	Total, feeling of mastery	Number of persons	5,125
			Percent	100.0
		Low feeling of mastery	Number of persons	750
			Percent	14.6
		Moderate feeling of mastery	Number of persons	2,108
			Percent	41.1
		High feeling of mastery	Number of persons	1,290
			Percent	25.2
		Feeling of mastery, not stated	Number of persons	976
			Percent	19.0
		Total, feeling of mastery	Number of persons	5,305
			Percent	100.0
		Low feeling of mastery	Number of persons	694 <sup>E</sup>
			Percent	13.1
			Number of persons	2,561

		Females	Moderate feeling of mastery	Percent	48.3
			High feeling of mastery	Number of persons	1,505
				Percent	28.4
			Feeling of mastery, not stated	Number of persons	545 <sup>E</sup>
				Percent	10.3 <sup>E</sup>
35 to 44 years	Both sexes		Total, feeling of mastery	Number of persons	7,710
				Percent	100.0
			Low feeling of mastery	Number of persons	1,298
				Percent	16.8
			Moderate feeling of mastery	Number of persons	3,886
				Percent	50.4
			High feeling of mastery	Number of persons	1,848
				Percent	24.0
			Feeling of mastery, not stated	Number of persons	678 <sup>E</sup>
				Percent	8.8
		Males	Total, feeling of mastery	Number of persons	3,981
				Percent	100.0
			Low feeling of mastery	Number of persons	608
				Percent	15.3
			Moderate feeling of mastery	Number of persons	2,102
				Percent	52.8
			High feeling of mastery	Number of persons	879 <sup>E</sup>
				Percent	22.1 <sup>E</sup>
			Feeling of mastery, not stated	Number of persons	392 <sup>E</sup>
				Percent	9.8 <sup>E</sup>
	Females		Total, feeling of mastery	Number of persons	3,729
				Percent	100.0
			Low feeling of mastery	Number of persons	690
				Percent	18.5
			Moderate feeling of mastery	Number of persons	1,783
				Percent	47.8
			High feeling of mastery	Number of persons	969
				Percent	26.0
			Feeling of mastery, not stated	Number of persons	F
				Percent	F
	Both sexes		Total, feeling of mastery	Number of persons	7,344
				Percent	100.0
			Low feeling of mastery	Number of persons	834
				Percent	11.4
			Moderate feeling of mastery	Number of persons	3,682
				Percent	50.1
			High feeling of mastery	Number of persons	1,893
				Percent	25.8
			Feeling of mastery, not stated	Number of persons	935 <sup>E</sup>
				Percent	12.7 <sup>E</sup>
			Total, feeling of mastery	Number of persons	4,021
				Percent	100.0
			Low feeling of mastery	Number of persons	593

45 to 64 years	Males		Percent	14.7
		Moderate feeling of mastery	Number of persons	1,635
			Percent	40.7
		High feeling of mastery	Number of persons	1,123
			Percent	27.9
		Feeling of mastery, not stated	Number of persons	670 <sup>E</sup>
			Percent	16.7 <sup>E</sup>
	Females	Total, feeling of mastery	Number of persons	3,323
			Percent	100.0
		Low feeling of mastery	Number of persons	241 <sup>E</sup>
			Percent	7.3 <sup>E</sup>
		Moderate feeling of mastery	Number of persons	2,048
			Percent	61.6
		High feeling of mastery	Number of persons	769
			Percent	23.2
		Feeling of mastery, not stated	Number of persons	F
			Percent	F
65 years and over	Both sexes	Total, feeling of mastery	Number of persons	1,675
			Percent	100.0
		Low feeling of mastery	Number of persons	510
			Percent	30.4
		Moderate feeling of mastery	Number of persons	604
			Percent	36.0
		High feeling of mastery	Number of persons	F
			Percent	F
		Feeling of mastery, not stated	Number of persons	539
			Percent	32.2
	Males	Total, feeling of mastery	Number of persons	820
			Percent	100.0
		Low feeling of mastery	Number of persons	F
			Percent	F
		Moderate feeling of mastery	Number of persons	F
			Percent	F
		High feeling of mastery	Number of persons	F
			Percent	F
		Feeling of mastery, not stated	Number of persons	F
			Percent	F
	Females	Total, feeling of mastery	Number of persons	855
			Percent	100.0
		Low feeling of mastery	Number of persons	355 <sup>E</sup>
			Percent	41.5 <sup>E</sup>
		Moderate feeling of mastery	Number of persons	345 <sup>E</sup>
			Percent	40.4 <sup>E</sup>
		High feeling of mastery	Number of persons	F
			Percent	F
		Feeling of mastery, not stated	Number of persons	F
			Percent	F

## Symbol legend:

- E Use with caution
- F Too unreliable to be published

## Footnotes:

1. Source: Statistics Canada, Canadian Community Health Survey, 2000/2001
2. Population aged 12 and over who reported on the level of mastery they have in their lives.
3. Mastery is the feeling of control one has over their life, actions and decisions. Mastery is evaluated based on how strongly the respondent agrees with the following seven statements: (1) You have little control over the things that happen to you. (2) There is really no way you can solve some of the problems you have. (3) There is little you can do to change many of the important things in your life. (4) You often feel helpless in dealing with problems of life. (5) Sometimes you feel that you are being pushed around in life. (6) What happens to you in the future mostly depends on you. (7) You can do just about anything you really set your mind to.
4. Provincial estimates were given only for those provinces in which survey respondents in all health regions answered the "Mastery" module.
5. Bootstrapping techniques were used to produce the coefficient of variation (CV) and 95% confidence intervals (CIs).
6. Data with a coefficient of variation (CV) from 16.6% to 33.3% are identified by an (E) and should be interpreted with caution.
7. Data with a coefficient of variation (CV) greater than 33.3% were suppressed (F) due to extreme sampling variability.
8. Health regions are defined by provincial governments as the areas of responsibility for regional health boards (legislated) or as regions of interest to health care authorities.
9. A "peer group" is a grouping of health regions that have similar social and economic characteristics.
17. The following standard symbols are used in this Statistics Canada table: (..) for figures not available for a specific reference period and (...) for figures not applicable.

**Source:** Statistics Canada. *Table 105-0023 - Feeling of mastery, by age group and sex, household population aged 12 and over, selected provinces, territories and health regions (January 2000 boundaries), every 2 years, CANSIM (database).*

<http://cansim2.statcan.ca/cgi-win/cnsmcgi.exe?>

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